



# Les Liaisons Délicieuses

Gastronomic Adventures in  
France, Italy, Morocco, & Vietnam

Dear Friends and Fellow Gourmands,



**Greetings from Paris** where the sun is shining and the daffodils and tulips are ablaze with color. The markets are full of artichokes, fava beans, herbs, sorrel, tender salad greens, white and green asparagus and the very first strawberries from Provence. I wish that you could all join me at my dinner table!

As some of you know, I left this Friday to Morocco with 12 of you, travelling to Fez, Marrakech, Essaouira, and the desert to explore in-depth the history, culture, art, architecture, and especially the deeply satisfying cuisine of this amazing country. We will be cooking tagines, couscous, pastilla, and many wonderful, yet simple, moroccan vegetable salads.

**I have started a blog** ([www.cookfrance.blogspot.com](http://www.cookfrance.blogspot.com)) and will be keeping you posted

regularly from Morocco. So to keep abreast of our Moroccan adventures please follow my blog or connect with me on my commercial [Facebook](#) page.

***Clockwise from top left:*** The view from Mirazur, a Moroccan picnic, looking down on Giardini Botanici Hanbury toward the sea, and the picturesque Fanghetto nestled above the Roya Valley.



Since I am now living in Paris from October 1 to May 1 every year, I have decided to offer a new Paris program called “A Day in Paris with Patti”. Check it out on my website at [www.cookfrance.com](http://www.cookfrance.com). For those of you who have traveled with Les Liaisons Délicieuses two or more times, I would like to **offer you a free day** in Paris with me, including a market visit and lunch at my home, the next time you sign up for a trip!

And speaking of signing up, my newest trip to the [French and Italian Riviera](#), September 25-October 1, 2011 is filling very quickly. I am really excited about this new trip as I have known and loved this part of the world since 1977 when I first started spending time in our house in Fanghetto, a 1000 year old village perched 15 minutes north of Ventimiglia. Cocktails on our rooftop in Fanghetto, 4 cooking classes, market and vineyard visits, garden tours, and a boat ride at sunset from Monte Carlo are among the many pleasures on this trip. A particular highlight will be several meals and a garden visit and cooking class at restaurant Mirazur with Michelin-starred chef Mauro Colagreco, a former pupil of Alain Ducasse.

I hope to see many of you soon. Meanwhile, I would love to catch up with you by email or telephone. Email me at my personal email, [patricia.ravenscroft@gmail.com](mailto:patricia.ravenscroft@gmail.com) and if you send me your phone number and a good time to call, I will happily call you back.

All my very best,

***Patti***

PS. I have just lowered the price on my new spa trip to [La Baule](#) scheduled for May 22-28, 2011. This trip is a perfect way to get in shape for summer and then spend Memorial Day weekend in Paris afterwards!

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